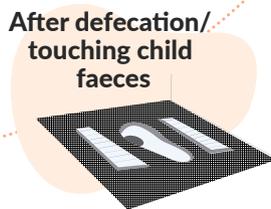


EARTHQUAKE

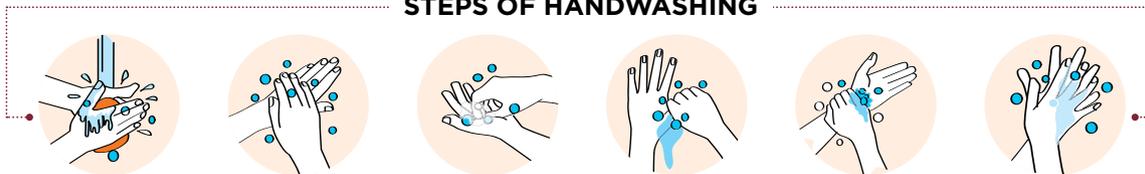
BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Wash your hands with soap and water to prevent infections and diseases



STEPS OF HANDWASHING



HELPLINE 112



EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Drink and cook with water you know is safe

What is safe water?

Safe water is

COLOURLESS

ODORLESS

TASTELESS



free from chemical, biological and physical contaminations



Treat by boiling/
chlorination/
ceramic filters



Collect from
a protected
water point

Store water safely;
cover to prevent
contamination



Avoid contaminating
water by touching while
filling, transporting or
pouring



HELPLINE 112



EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Open defecation spreads diseases

Always use a toilet



Keep toilets clean



If toilets are not accessible, use temporary toilets away from houses and water sources



Safely dispose all faeces including that of babies and children



HELPLINE 112



EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Clean and disinfect surrounding areas



Dispose all waste according to instructions from authorities



Do not spit in the open



Cover animal carcasses with lime in case not removed by authorities



Remove stagnant water around house/camp to prevent breeding of mosquitoes



HELPLINE 112



EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



What to carry in your Go-Bag: When you are facing an earthquake situation you need to carry essential items. Tick what you have put in the go-bag



Emergency contact information



Original and duplicate copies of vital records and documents



First-aid kits



Soap



Masks



Sanitary pad



Torch with extra batteries



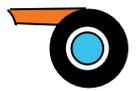
Plastic bags and string to tie



Water purification tablets



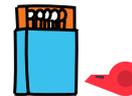
Prescribed medications



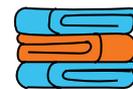
Plastic sheet and duct tape



Multipurpose tool 'knife'



Matches and whistle



Set of dry clothes and towels



HELPLINE 112

